



Cannabis

This talk will be about Cannabis, from a public health perspective. With the legalization of non-medical cannabis in October 2018, adults, including senior adults are curious about various aspects of legalization, what it means to them (or not), and if used, what are the potential implications to health. We will talk about these issues and more.

This session will not focus on medicinal cannabis use.

Finally, the talk will address the ongoing tragic opioid epidemic. Updates will be provided on the epidemic and the many strategies being developed and implemented locally, to try to save lives.

PRESENTER:

Mary Kocher is a registered nurse working at Simcoe Muskoka District Health Unit (SMDHU) in the Substance Use & Injury Prevention Program. As outlined in the Ontario Public Health Standards (2018) the overall goal of this program is to reduce the burden of preventable injuries and substance use. Our goal is to help people

who live, work and play in Simcoe Muskoka lead healthy, fulfilling and productive lives.

Mary graduated from McMaster University and has been a public health nurse at SMDHU for the last 29 years, most recently in the Substance Use & Injury Prevention Program. Most of her career was working in the sexual health program.



Monday Sept. 9, 2019

1:30pm at the Wasaga Beach RecPlex, Oakview Room 1724 Mosley Street, Wasaga Beach

